Our office is located on the SECOND FLOOR of the West Salem Community Center.

Don't miss important registration deadlines in this brochure:

- Junior League Basketball - 9/10/18
- Rookie League Basketball - 10/22/18
- Spring Traveling Soccer - 2/11/19

Contact Us

- Office Line: 786-0222
- Event Cancellation: 791-0023
- Fax: 786-3359
- Address: 175 S. Leonard Street
  Located on 2nd Floor!
- General Email: parknrecstaff@westsalemwi.com
- Web Site: www.westsalemwi.com

Class & Program Start Dates: September 2018 - March 2019

Find us online: Facebook, Instagram, Twitter
1. REGISTER ONLINE (Credit Card Only)

Read through our brochure and then go to www.westsalemwi.com to register!
Click on [Register Now!] on our homepage. Online registration will open at Noon on Wednesday, August 29th. There is a small convenience fee to use this service. Payment is either Visa, Mastercard, Amex or Discover.

What does this mean for you?

Register Early
Online registration opens first, which helps ensure you get into the programs you want before they are full!

Up-to-Date
Review number of class openings in all activities

Anytime
Register from your home or the office, around the clock, seven days a week

Quick
Avoid waiting for mail to be processed

Timely
Receive e-mail confirmation within minutes of registering

Private
Access your secure account details, family schedule and historical receipts

Secure
Safe online payments (Visa, Mastercard, Amex, & Discover accepted)

How do you get started?

1. CREATE AN ACCOUNT

Before registering for activities online, you must establish an online registration account and receive a Login Name and Password. While online, simply click the “Need a New Account? Click Here to Create!” button. PLEASE NOTE: If you are registering a child for an activity, please use your own information when filling out the online registration ACCOUNT form, NOT the information of the child you wish to register for an activity.

After entering the Main Adult Contact, simply click on the “Submit & Add Family Member” button to add family members. Once you have added everyone in your family to your account, and filled in all the necessary fields, click the “Submit” button to request your NEW Account. You will receive a verification e-mail following the creation of your account.

2. REGISTER FOR PROGRAMS

Click the [Register Now!] button on the ActiveNet home page. Select the Activity that you would like to enroll into. Clicking the underlined name will show you a detailed activity description. Click the “Add to My Cart” button if you wish to register for the activity. Next, sign in to your online registration account by entering your Login Name and Password. Proceed to the checkout by clicking the Continue button. Confirm your activity name, date, time, enrollee and price. Click Continue to proceed with payment. Enter your credit card information and agree to any required waiver(s) and confirm the payer meets the age requirement. Click Continue. Once payment has been approved, your receipt will display. Please print a copy for your records.

DON’T WAIT! Get accustomed to our online registration system BEFORE you register.

For a more detailed map with park descriptions & pictures, visit KaBOOM.org and find our Map of Play!

Looking to rent a park shelter? Please contact the agency responsible for operating the park you are interested in.

Village of West Salem Parks
(608) 786-1858

La Crosse County Parks
(608) 785-9770

WEST SALEM PARKS

Village of West Salem
Operated by

Bike Shelter
180 E. Jefferson Street
Village of West Salem

Caryn Modawell Memorial Dog Park
950 E. Tilson Street

Riverview Park
940 West Avenue N.

Riverview Park II
978 West Avenue N.

Corral Park
663 Wagon Drive

Greene Park
675 Daffodil Drive

Jim Zanter Park
601 Lewis Street

Lewis Point Park
950 E. Tilson Street

Pineview Park
725 Faye Drive

Lion’s Community Shelter
240 East Avenue

Village Park
121 S. Mill Street

Neshonoc Park
W3373 State Road 16

Veterans Memorial Park
N4668 County Road VP

Swarthout Pool
401 E. Hamlin Street

Tennis Courts/Ball Diamonds
401 E. Hamlin Street

Village of West Salem

La Crosse County

West Salem

School District
2. **WALK-IN** (Cash, Checks & Credit Card)
   For in-person service, stop by during our office hours:
   
   **Monday 9 AM - 5 PM, Tuesday 9 AM - 3 PM, Wednesday 9 AM - 3 PM, Thursday 9 AM - 5 PM, Friday 9 AM - Noon**

   You can drop off your registration form, with completed payment, and we will create an ActiveNet account and register you for programs. We will accept cash, checks or credit cards for walk-in registration. We would be happy to walk you through the online registration process if you stop in our office. Please note that a 7% convenience fee will be charged by ActiveNet for any in-office credit card program payments.

3. **MAIL-IN** (Cash & Checks Only)
   Mail completed registration form, along with payment to:
   
   West Salem Park & Rec.
   175 S. Leonard Street
   West Salem, WI 54669

   Please make all checks payable to WS Rec.

4. **24 HOUR DROP BOX** (Cash & Checks Only)
   At your convenience, drop-off your completed registration in a sealed envelope marked Parks & Recreation Registration. The 24 hour drop box is located on the south side of the West Salem Community Center building (near the railroad tracks).

   Please make all checks payable to WS Rec.

What is my BEST CHANCE to get into the class that I want?

**Register NOW!**

**REGISTER ONLINE** from home!

You will have your confirmation instantly!

Internet registration will also be open **ONE WEEK EARLIER** than other registration methods (August 29 - September 4).

Drop Off, Mail-In, and Drop Box registrations will be processed in the office as soon as possible after **Wednesday, September 5**.

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West Salem School District Policy 384

**Animals on School Grounds**

Animals are not allowed on school grounds. Exceptions include licensed service dogs for individuals with an appropriate disability & certified search dogs accompanied by law enforcement. This does not preclude pet owners from walking their leashed animals on public sidewalks boarding the schools. Owners must pick up & properly dispose of any and all animal waste left behind by such animals on District property & are subject to local laws & ordinances pertaining to animal control.
### Ballroom Dancing Lessons

Dancing is not just for movie stars! Learning to dance is an investment in joy that can last a lifetime. If you enjoy music, you can learn to dance. The Coulee Region offers many dance venues and you can impress your relatives at the next wedding dance. Instructors Dave Ford and Melinda Knutson will teach basic ballroom dance styles in a 4-week series of classes. The main focus will be on learning basic steps for each style, no experience necessary. Those with experience will also learn something new. Please register as a couple, if you don’t have a partner, find a friend who likes music.

This session will focus on the rumba and the cha cha.

**Program Participant: Min/Max** 4 min / 12 max couples

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fees</th>
<th>Site</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursdays</td>
<td>7:00-8:30pm</td>
<td>$35 per couple</td>
<td>Halfway Creek Park West Shelter (400 Walnut Dr.)</td>
</tr>
</tbody>
</table>

Register by October 29th through Holmen Park & Recreation

### Adult Open Soccer

**Dates:** Sundays, Nov. 4 - March 24

**Time:** 5:00-7:00 pm

**Fees:**
- $10.00 a night or
- $50.00 for a season

**Site:** WSES Gym

Please note that clean soled gym shoes are required for all participants.

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### Recreational Event Cancellation Line

(608) 791-0023

Please call the event cancellation line when inquiring about cancellations.

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### Policies & Registration Info

#### Am I Considered a Village Resident, School District Resident, or Out of District Resident?

**What municipality do you pay your taxes to?**

Village residents have a West Salem street address (no fire numbers). If you have a fire number and pay school district taxes to West Salem, you are considered a School District Resident. If you pay your taxes to any other district, you are considered Out of District.

**Why do I have to pay more if I am nonresident?**

A portion of the Village of West Salem taxes are designated to pay for the buildings, parks, instructors and administration for the parks and recreational services. School District taxes help pay for the use of any school facilities, so a slight break is given to the families that live in the West Salem School District, but not in the Village of West Salem.

**Refund Policy**

There will be no refunds issued for late fees, special events, trips, or within 2 weeks of the starting date of any program. All other refunds will be processed after a 50% cancellation charge is deducted. All refunds take a minimum of 2 weeks to process.

**Class Confirmation**

Assume you are enrolled and plan to attend your first class unless otherwise notified by the Park and Recreation office or individual coach. If you register in the office, confirmation of program registration will be sent via email receipt.

**You Snooze...You Lose**

Nothing kills a program quicker than waiting until the last minute to sign up. If there are not enough participants for a program, it will be cancelled. Registering late will not guarantee that a program will run. Notifications will be given to program participants. In the event a program is cancelled, each participant will receive a full refund.

**Waiting Lists**

If you are unable to register for a program due to full enrollment capacity, you may request to have your name placed on a waiting list. There are no guarantees for placement. If any openings become available, we will refer to the waiting list to fill programs. Waiting lists are kept for the current program season only.

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### Look for our 2019 Spring/Summer Activities Brochure in Early April!

Brochures are mailed to all households in the West Salem School District. Extra brochures can be found in our office, the Hazel Brown-Leicht Library, local schools and on our website!
Pilates

Pilates mat is a challenging yet safe method to sculpt your body and increase agility in your everyday movements. Some benefits include increased core strength, enhanced flexibility and balance, reduced pain and stiffness, improved posture and alignment, as well as increased motivation and confidence. Each class will include a warm up with alignment and breathing exercises, then shift to strength and flexibility and finish with relaxation and restorative moves. Participants are asked to bring a mat, towel and water bottle if desired.

Instructor: Jen Nolte - Certified Pilates and Personal Trainer, Wellness Coach

Session 1 Dates: Mondays + Thursdays Aug 20-Oct 4 (No class 9/3 + 10/1)
Site: Library Meeting Room
Time: 6:45pm
Fee: 6 classes - $28 / 12 classes - $40

Session 2 Dates: Mondays + Thursdays Oct 15-Nov 26 (No class 11/22)
Site: Library Meeting Room
Time: 6:45pm
Fee: 6 classes - $28 / 12 classes - $40

Ages: 18+
Min/Max: 10 participant per session

Adult Men's Basketball League

Intent to Participate forms and sponsor fee due Wednesday, October 24 at managers meeting. Individual player fees and completed roster due Wednesday, November 7 before second game. Registration will be limited to the first 18 teams to have their Intent to Participate and sponsor fee turned in. For more information on registering a team, please call the West Salem Park & Rec Office at 786-0222.

Mandatory Managers Meeting: October 24, 6:30pm at WS Community Center

Dates: Season: Oct 31 Nov 7, 14, 28, Dec 5, 12, 19, Jan 2, 9, 16, 23, 30, Feb 6, 13, 20
Tournament: Feb 27, Mar 6, 13
Times: 6:30 pm, 7:30 pm & 8:30 pm
Sites: WS Elementary & WS High School
Fee Sponsor: $150.00
Player: $15.00 a person

Adult Women's Basketball League

Intent to Participate forms and sponsor fee due Wednesday, October 24 at managers meeting. Individual player fees and completed roster due Sunday, November 11 before second game. Registration will be limited to the first 8 teams to have their Intent to Participate and sponsor fee turned in. For more information on registering a team, please call the WS Park & Rec Office at 786-0222.

Mandatory Managers Meeting: October 24, 7:00pm at West Salem Community Center

Dates: Season: Nov 4, 11, 18, Dec 2, 9, 16
Jan 6, 13, 20, 27
Feb 3, 10, 17, 24
Tournament: Mar 3 & 10
Times: 11:00am and 12:00pm games
Site: West Salem High School Gymnasium
Fee Sponsor: $150.00
Player: $10.00 a person

Policies & Registration Info

Employment Opportunities

Persons interested in obtaining part-time/seasonal employment or volunteering with the West Salem Park and Rec Department should complete an application form from the department office. We are currently looking for site supervisors, flag football, volleyball and soccer officials, basketball referees, program staff & lead instructors for various programs.

Say Cheese

For program promotion purposes, photographs may be taken of participants from time to time. If you do not wish to have your photo taken, please notify the photographer and/or instructor. Photos may be used in publications, on website, or in the newspaper.

Typo, Human Error, We Goofed…!? 

Occasionally there may be an error in days, times, registration requirements, or fees in the brochure. When such errors occur, our staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

Insurance

The West Salem Parks and Recreation Department does not provide accident or hospital insurance for individuals participating in sponsored activities. It is recommended that all participants obtain or review their personal insurance policies (medical, accident, and liability.)

Returned Checks Policy

A $35.00 service fee will be assessed on checks returned due to insufficient funds.

Village Park & Lion’s Community Shelter

Rental reservations may be made by calling (608) 786-1958

NEW! Shelter Availability Calendar Link is available under the VILLAGE SERVICES heading on the Village of West Salem website.

Pineview, Corral, Jim Zanter, Lewis Point & Greene Parks

Available on a first come, first served basis.

La Crosse County Parks (Veteran’s Memorial & Neshonoc)

Rental reservations may be made by calling (608) 785-9770.

All park locations can be found on the map on the last page of this brochure.
West Salem Area Program Contact List

This information is given for public reference. Please contact respective program providers for information.

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>WEBSITE</th>
<th>CONTACT</th>
<th>NUMBER</th>
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<tbody>
<tr>
<td><strong>Baseball</strong></td>
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<tr>
<td>Friends of West Salem Baseball</td>
<td>Facebook: Friends of West Salem Baseball</td>
<td>Vinnie Puntius</td>
<td>385-5195</td>
</tr>
<tr>
<td>WS American Legion Baseball</td>
<td>westsalempost51.org/baseball</td>
<td></td>
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<tr>
<td><strong>Basketball</strong></td>
<td></td>
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<tr>
<td>Neshonoc Lakers: Middle &amp; High School Girls</td>
<td></td>
<td>Matt Quick</td>
<td>397-0970</td>
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<tr>
<td>West Salem Hoops: Middle &amp; High School Boys</td>
<td></td>
<td>Annette Kastenschmidt</td>
<td>790-7319</td>
</tr>
<tr>
<td><strong>Boys &amp; Girls Club</strong></td>
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<tr>
<td>West Salem Boys &amp; Girls Club</td>
<td>bgcg.org</td>
<td>Britton Slowey</td>
<td>786-1392</td>
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<tr>
<td><strong>Hockey</strong></td>
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<tr>
<td>West Salem Hockey Association</td>
<td>westsalemhockey.com</td>
<td>Scott Schumacher</td>
<td>792-9852</td>
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<tr>
<td><strong>Parks</strong></td>
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<tr>
<td>Village of West Salem Parks Rental: Village Administration Office</td>
<td>westsalemwi.com</td>
<td></td>
<td>786-1858</td>
</tr>
<tr>
<td>La Crosse County Parks Rental: La Crosse County Facilities Dept.</td>
<td>coa-co.la-crosse.wi.us</td>
<td></td>
<td>785-9770</td>
</tr>
<tr>
<td>La Crosse River State Trail</td>
<td>lacrosseriverstatetrail.org</td>
<td></td>
<td>269-4123</td>
</tr>
<tr>
<td>Lake Neshonoc - Lake District</td>
<td></td>
<td>Jim Leicht</td>
<td>786-0513</td>
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<tr>
<td><strong>Pool</strong></td>
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<tr>
<td>Swimming Lessons:  West Salem School District</td>
<td>wsaляем.k12.wi.us/content/community/wsswimming-pool</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Swimming Lessons:  Swarthout Pool (May-August)</td>
<td>wsaляем.k12.wi.us/content/students/summer-school</td>
<td></td>
<td>786-5309</td>
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<tr>
<td>Sharks Swim Team</td>
<td>Facebook: West Salem Swarthout Pool</td>
<td></td>
<td>786-5309</td>
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<td><strong>Summer School</strong></td>
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<tr>
<td>West Salem School District</td>
<td>wsaляем.k12.wi.us/content/students/summer-school</td>
<td></td>
<td>786-0700</td>
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<tr>
<td><strong>Volleyball</strong></td>
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<tr>
<td>High School Summer League: Holmen Park &amp; Rec</td>
<td>holmenwi.com/holmenpr</td>
<td>Mike Brogan</td>
<td>526-6118</td>
</tr>
<tr>
<td><strong>Senior Center</strong></td>
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<tr>
<td>WS Senior Nutrition Center</td>
<td></td>
<td>Tammy Caspersen</td>
<td>790-5682</td>
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<tr>
<td><strong>Wrestling</strong></td>
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<tr>
<td>West Salem/Bangor Wrestling</td>
<td>Facebook: West Salem Bangor Wrestling</td>
<td>Geri Petersen</td>
<td>780-1266</td>
</tr>
</tbody>
</table>

Winter Wonderland

Village Park will once again be transformed into a Winter Wonderland from Nov. 24, 2018-Jan. 4, 2019. Christmas trees decorated by local sponsors, along with other park decorations, will be on display for the West Salem Community to enjoy at their leisure. Additionally, families are invited to head to Village Park on December 1st to participate in a variety of activities while enjoying the Winter Wonderland Christmas lights and decorations in the park. Santa will be visiting from 4:30-6:30pm to greet kids and chat about their Christmas lists. In addition to having Santa on hand, refreshments, including hot chocolate, cookies and candy canes, will be provided by Union State Bank of West Salem. Please join us in celebrating the Christmas season and spreading holiday cheer to the West Salem Community.

**Winter Wonderland Lights**

Visit with Santa

Nov. 24 - Jan. 4 from 4:30pm-10:00pm
Saturday, December 1st from 4:30-6:30pm

Local businesses, clubs, groups, families, etc. that are interested in sponsoring tree, or would like additional information, please contact our office at 786-0222.

Ready, Set, Decorate!

Sponsored by Linda’s Bakery

It’s that time of the year again, get out your ladders and lights, your plastic Santa’s and reindeer. Decorate and light up your home so that it can be seen from space. Nominate a home in the 11th Annual West Salem Holiday Lights Home Decorating Contest. Any home in the School District of West Salem is eligible for this contest. Prizes will be awarded to the top 4 homes and a drawing for a special prize will be held for anyone who nominates a home. We are asking community members to submit photos of any home they wish to nominate via email to parknrecstaff@westsalemwi.com. Nominated homes will then be placed in a Facebook photo album for community voting. If you are unable to send a photo, please contact our office with an address of your nomination and we will take care of getting a photo. Nominations are due by Monday, December 10th. Facebook voting will be open 12/12/18-12/18/18.

**Prizes:**

1st Prize: $50 Gift Certificate to Linda’s Bakery for Holiday Goodies
2nd Prize: $40 Gift Certificate to Linda’s Bakery for Holiday Goodies
3rd Prize: $30 Gift Certificate to Linda’s Bakery for Holiday Goodies
4th Prize: $20 Gift Certificate to Linda’s Bakery for Holiday Goodies
Nominator Prize: $20 gas gift card

Official nomination photos should be emailed to parknrecstaff@westsalemwi.com by 12/10/18.
Facebook voting will take place 12/12/18-12/18/18.
Make sure to like West Salem Parks & Recreation on Facebook!
Community Trunk-Or-Treat
Co-Sponsored by West Salem Business Association

Enjoy a unique way to trick-or-treat! Our Halloween Trunk-Or-Treat provides a safe environment for families to enjoy an evening of Halloween fun in a neat atmosphere! Costumed children (age 12 & under) trick-or-treat outdoors by going between downtown businesses on Leonard Street and booths set up in West Salem Village Park to get their bag filled with goodies.

NOTE: Adults MUST accompany children. No drop offs!

Date: Wednesday, October 31st
Ages: 12 and under

Site/Time:
Downtown WS Businesses…….3-5pm
Village Park…………………….3-5pm
Fee: FREE!

If your business or organization is interested in participating in this event, please contact the Park & Rec. Dept. at 786-0222!

Easter Egg Hunt
Saturday, April 13th at 10:30am
(please arrive at 10:15am for instructions)
West Salem Village Park
Open to children 2-9 years
(Children will hunt in two separate age divisions: 2-5, 6-9)
FREE!
Concessions provided by Union State Bank

Event is co-sponsored by:
Union State Bank of West Salem,
West Salem Police Dept, West Salem Fire Dept,
West Salem First Responders, and
West Salem Park & Rec. Dept.

In case of poor weather, the egg hunt will be held at the WS Lion's Shelter.

Village Wide Rummage Sale
September 7-8
For more info, please call the West Salem Historical Society at 786-1675

West Salem Village Market
Fridays through 10/12 3-6pm Corner of Mill St. & Memorial Dr.

Move in the Park - Beauty and the Beast
September 8  Dusk  Village Park

Homecoming Parade
September 28  2:15pm  Downtown West Salem

Trick-or-Treating
October 31  3-5p  Downtown Businesses & Village Park  Co-Sponsored with West Salem Business Association
4-8pm  Village of West Salem

First Responders Chili Supper
November 8  4-7pm  West Salem High School

Winter Wonderland
Nov. 24-Jan 4  4:30-10pm  Village Park
Dec 1st  4:30-6:30pm  Village Park

Easter Egg Hunt
April 13  10:30am  Village Park
Rain Site: Lion’s Shelter

Coaches Rebate
Volunteer adult coaches will receive a $15.00 Coaches Coupon (one coupon per volunteer per team they coach) at the end of the season.

The only way we can continue to offer inexpensive youth programs that are able to accommodate all interested children, is with the help of amazing adult volunteer coaches. Teams without coaches will have their registration fee returned.

Volunteer coaching can be a very rewarding and educational experience. You do not need to be an expert. You only need a desire to provide a fun, recreational experience for children.

Volunteering as a coach is contingent upon successful background screening.

$15
NEW LOCATION COMING SOON!

The West Salem ice rink will be moving its permanent location from the West Salem Lion’s Shelter to the West Salem School District’s new Multi-Purpose Event Center in late 2018. The new facility is located off of the intersection of E. Hamlin Street and N. Mark Street, behind the high school soccer fields near the elementary school. Please check the West Salem Hockey Association website at www.westsalemhockey.org for the most up-to-date open skate schedule.

WEST SALEM/BANGOR YOUTH WRESTLING CLUB

The purpose of the West Salem/Bangor Youth Wrestling Club is to promote the sport of wrestling to our youth through instructional training of proper wrestling techniques. Our club has a highly qualified team of coaches to assist in the instructional training of the club’s participants. The role of our coaches is to conduct practices in an environment designed to promote a fun, yet informative, safe training experience. Hard work, dedication & sportsmanship are promoted, and through positive reinforcement, our coaches will provide the best possible training for our young athletes.

Practices will be held Tuesdays and Thursdays January 3rd – end of March.

Times:
- Grades PK-2: 6-7:15pm
- Grades 3-8: 6-7:30pm

WSHS Mat Room
WSHS Mat Room

Fees:
Registration fee is $50 per wrestler
*Although recommended, there is NOT a USA Wrestling Card requirement this year*

Additional forms and information available at the meeting, on the WS Park & Rec website, or by emailing wbyouthwrestling@gmail.com

Open Mats: for experienced wrestlers TBD – Like the “West Salem Bangor Wrestling” Facebook page for updated information or email wbyouthwrestling@gmail.com to be added to the mailing list.

Registration/Mandatory Parent Meeting:
Dec. 4 from 6-7:30pm @ WSHS OR Dec. 6 from 6-8:30pm @ Bangor ES Cafeteria
(There is a high school dual at the Bangor Old School gym 12/6 at 7pm)
*Please bring your wrestler(s) along to this meeting. The coaches will be on hand for a meet and greet with the wrestlers and parents.*

Registration checks need to be made out to WS Park and Rec and any/all deposits need to be made out to WB Youth Wrestling.

Singlets are available directly through the West Salem Bangor Youth Wrestling Club with a deposit. Please check with a club representative at the mandatory parent meeting to check one out for the season.

Questions? Contact Program Coordinator Gerri Petersen: 608-780-1266 or wbyouthwrestling@gmail.com

Like “West Salem Bangor Wrestling” on Facebook for updates on open mats, practices, tournaments & more!

Fall Movie In The Park

Come join the Park & Rec Dept. for a night at the movies in Village Park. Bring your sleeping bags, blankets, or lawn chairs and settle in for an evening of free entertainment. The family friendly movie will begin at dusk. Make sure you visit our concession stand to purchase your popcorn, drinks, snacks, & glow sticks during the movie. (Date is weather permitting)

We will be collecting non-perishable food items to be donated to the Care & Share Food Pantry.

Fee: Free! Non-perishable food donations are encouraged!
Time: Dusk; Approx. 7:00pm-7:30pm
Site: West Salem Village Park

Saturday, September 8
Beauty and the Beast
Rated PG
Running Time: 2 Hours 15 Mins

THANKS TO OUR 2018 SPONSORS:
Altra Federal Credit Union
Family Dentistry of West Salem
Mayo Clinic Health System

West Salem Village Market

Buy local at the new West Salem Village Market! This community market will have farm fresh fruits, veggies, honey, eggs, crafts and more from local family farmers and artists. Come & support your local businesses while meeting new people and enjoying the beautiful scenery of West Salem. Every Friday from 3-6pm through mid-October at the corner of Mill Street and Memorial Drive

3rd Annual Tunnel To Towers 5K Run/Walk

Follow the footsteps of 9/11 hero, firefighter Stephen Siller to ensure we never forget and honor the sacrifices of our first responders & military heroes.

Sunday, September 9, 2018
Run/Walk starts at 8:46am in WS Village Park
Packet pick up available Sept. 8 and 9 at WSFD
Proceeds will benefit the Stephen Siller Tunnel to Towers foundation, including the building of specially adapted, custom designed ‘smart’ homes for catastrophically injured veterans.

On-Line you’re first in line - www.westsalemwi.com/parkandrec.htm
**YOUTH & COMMUNITY TRIPS**

**Milwaukee Bucks Experience**

Join the West Salem Parks & Recreation Department for the Milwaukee Bucks Experience! The fee includes the coach bus ride, game ticket, and tour of the brand new Fiserv Forum. Meals are not included. This is meant to be a family friendly trip. No children will be allowed without an adult chaperone. The Milwaukee Bucks’ schedule will not be available until the end of August after this brochure has gone to print. Please contact the West Salem Park & Rec. Dept. in September for the specific game date. An official itinerary, including bus departure time and location, will be emailed out to participants Min/Max: 20 minimum / 40 maximum.

**Rookie League Basketball**

This 15-week program will provide children with basic basketball skills and fundamentals. In addition, participants will experience game play. A specific game schedule will be handed out on November 23rd for the remainder of the season. Games will be played at West Salem schools, La Crosse Boys & Girls Clubs, Northern Hills Elementary School, and Irving Pershins Elementary School. Participants Min/Max: 30 participants.

**Pee Wee Basketball**

This 8-week program will provide children with basic basketball skills and fundamentals. Small sided game play will also be introduced. Registration includes a mini basketball. Participants Min/Max: 45! Don’t wait to sign up!

**OFFICE INFORMATION**

Location: 115 S. Leonard Street - 2nd floor Phone: 608-786-0222
Website: www.westsalemwi.com/parkandrec.htm Fax: 608-786-3359
General Email: parknrecstaff@westsalemwi.com
Facebook: West Salem Parks & Recreation Twitter: @WestSalemRec

**Fort McCoy Snow Tubing Trip**

Grab a tube and let’s hit the slopes! Join us for a snow tubing trip to Fort McCoy on Friday, February 1st. We will be leaving the West Salem Park & Rec. Office at 4:00pm and returning at 7:45pm. Your fee includes transportation to and from Fort McCoy, tube rental, and pizza. The program is open to everyone, however, ages 9 and under must be accompanied by an adult. Warming area and additional concessions are available. Participants are asked to dress appropriately for the weather.

Dates: Friday, February 1st
Times: 4:00pm-7:45pm
Site: Fort McCoy - Whitetail Ridge Ski Area
Fee: $35 + Additional money for concession if desired
Ages: All - Ages 9 and under must be accompanied by an adult!

**Junior League Basketball**

This is a competitive traveling league participating in the Great Northwest Basketball League. Teams will participate in 5-6 weekend tournaments and 12 weekday practices. Practices are generally held between 6:00 and 9:00pm. Registered players will be notified of their first practice.

**Register by October 16th**

**YOUTH SPORTS**

On-Line you’re first in line - www.westsalemwi.com/parkandrec.htm
Cookies For Santa

Leave the mess at home and come decorate cookies and other sweet treats for Santa with us! Participants will have the opportunity to decorate various cookies and holiday goodies to take home for Santa and his reindeer and even make something for themselves! You don’t have to bring anything, all supplies are provided. Class spots are limited so please plan to register early! An adult is recommended to be present to help those who cannot decorate their own.

Date: Monday, December 17
Time: 6:00 - 7:00pm
Site: WS Community Center - 2nd floor
(175 S Leonard Street)
Fee: $10 Village Res. / $15 School Dist. / $20 Out of Dist.
Ages: 4 & up
Min/Max Participants: 12 minimum / 24 maximum

Please note: Food allergy alternatives are not available for this program.

Ice Skating Lessons

This introductory class will help you achieve basic skills. No need for previous skating experience. Please plan to dress warmly as the ice rink is not heated. Ice skates are NOT provided!

Date: Jan 2, 9, 16, 23, 30, Feb 6
Times: Gr 3-7: 6:00-6:30pm
PK-2: 6:30-7:00pm
Students can open skate during the opposite session time slot!
Ages: PK to 7th grade
Site: WS Multi-Purpose Event Center
Fee: $15 Village Resident
$20 School District
$25 Out of District

Letters To Santa

Have you shared your wishes with Santa yet this year? Children & those young at heart, can all write to Santa & receive a letter in return. All you need to do is drop off your letter in our 24 hour drop box located near the south side of the WS Community Center. This is a secure drop box, emptied by the West Salem Police Department. They will make sure to personally deliver your letter to Santa. Be sure to include your full name and home address so Santa can find you!

Date: Nov 26th through Dec 17th
Fee: FREE

Thank You!

- To the West Salem School District
  (Custodians, Teachers, and Administration)
- To our volunteers for sharing your time & talents.
- To the many businesses, organizations, and individuals that have made us what we are.
  We cannot do it without you!
Martial Arts Classes

We are partnering with A&C Martial Arts in West Salem to offer a variety of martial arts classes for participants of all ages. If you have questions about any of the programs, please contact Angela Davidson at 732-0381 or acmartialarts1@gmail.com.

Site: All classes will be held at A+C Martial Arts (143 South Leonard Street)
Participants in all classes are asked to go barefoot and to not wear jewelry.

Little Warriors

Little Warriors is an introductory class geared toward younger children to assist with self-control & focus. Participants will learn in a fun & encouraging atmosphere through the use of games & drills.

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<tr>
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<td>4-6</td>
<td>$20</td>
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<td>Mrs. Davidson</td>
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Taste of Martial Arts

Taste of Martial Arts is a sample of Tae Kwon Do & basic self-defense. Students will learn the fundamentals of martial arts and self-defense in a safe, family friendly environment.

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Self Defense

The Self Defense program focuses strictly on different scenarios that may arise & ways to get out of them. Many martial arts styles, such as Tae Kwon Do, Judo, & Hapkido are used to teach the quickest & most effective ways to get away from the situation or how to take control if needed.

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<td>$15</td>
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Tri River's Youth Soccer League

This is a traveling recreational soccer league. The league currently includes the following cities, Arcadia, Bangor, Caledonia, Decorah, Holmen, Melrose-Mindoro, Onalaska, Sparta, La Crescent, Tomah and West Salem. Not all communities have teams at each age level, so teams will not necessarily travel to all communities listed.

Games & Practices

Games will be scheduled between April 6th and May 13th on the following days:

Grades 1 & 2: Tuesdays and Saturdays
Grades 3 & 4: Thursdays and Saturdays
Grades 5 & 6: Saturdays and Sundays

Home games & practices @ Pineview Park, Greene Park and Christ-St John’s.

Each team will have its own practice time TBD by the volunteer coach. A specific practice and game schedule will be handed out the beginning of April.

Transportation is the responsibility of the parent/guardian.

Teams & Coaches

Separate teams will be formed for boys and girls. Teams will be formed by grade. Combined grade teams will only be formed if there are not enough registrants at a particular level. A specific birth date does not apply for this league.

Players will be notified of their team placement after the registration period is complete and the coach has been determined. If a coach is not in place by the end of the registration period, an email will be sent to all parents at that level requesting a coach.

Fees & Tournaments

Player fees help to cover the costs of soccer balls, nets, goals, uniforms, referees, player league/scheduling fees, and field maintenance.

Tournament fees are extra and are not included in the user fee.

Strict birthdate, grade regulations and roster limits apply for tournaments. Please call the office if you should have any questions regarding this policy.

REGISTRATION OPENS JANUARY 2nd, 2019

Any registrations received after February 11th are subject to a $20 late fee.
Full payment is required with registration.

Registration is NOT GUARANTEEED once a team is filled and/or after Feb. 11th.
Registration will be taken on a first come, first served basis.

Fee Grades 14:
Early Bird (On/Before February 11th)
$45 Village Resident / $50 School Dist. / $55 Out of Dist.
Non Discounted (February 12th - February 22nd)
$65 Village Resident / $70 School Dist. / $75 Out of Dist.

Fee Grades 5-8:
Early Bird (On/Before February 11th)
$70 Village Resident / $75 School Dist. / $80 Out of Dist.
Non Discounted (February 12th - February 22nd)
$90 Village Resident / $95 School Dist. / $100 Out of Dist.
Spring Baseball League
Spring baseball is for current 7th and 8th graders. The season starts mid-March and runs through May. Each week teams will play one to two games in addition to 1-2 practices. Practice dates and times will be determined based on coach and field availability. Games will consist of 5 innings and will follow standard baseball rules. Basic fundamental skills and knowledge will be the focal point of this spring baseball league.
Transportation to practices and games is the responsibility of the parent/guardian.
Team uniforms will be checked out for the season, however, players are asked to provide their own glove, white pants, belt, socks and hat. We have a limited number of West Salem hats from the 2018 traveling baseball season available for purchase in our office for $10.00. 2019 hats & t-shirts will be an “open gym” style program; no formal coaching will be available. Participants are free to come and go as they please during the two hour time slot. Please plan to dress in their PE uniform and bring a baseball glove, bat, and water bottle.
This program does not concentrate on the game of ice hockey, but rather on teaching children the progression of standing to skating forward and backwards and executing turns. We will also have information available on area programs that include ice skating and West Salem Youth Hockey’s FREE TRANSITION PROGRAM with continued Learn to Skate and Learn to Play over 8 weeks. All skating instructors will be USA Hockey Certified Coaches, with assistance from High School and Junior level players. Some skates will be available for children that don’t have them. This is a free program!

**LEARN TO SKATE REGISTRATION:** www.tryhockeyforfree.com enter 54669 in the zip code and follow prompts. This will provide insurance to the skater during our event. This link is not active until approximately September 12, 2018.

**WEST SALEM YOUTH HOCKEY**
West Salem Hockey Association is a volunteer run organization and as a result, our fees are lower than other associations in our area. When looking at the fees remember the season is four months of winter entertainment and exercise for your child. The $50 USA Hockey fee includes insurance and Wisconsin Amateur Hockey Association dues. This is mandatory for all skaters. The fee for skaters ages 6 and under is FREE. If you attend the 2 Session program in November this fee will be waived by USA HOCKEY. WSHA is a curricular program and welcomes both boys and girls participation.

**HOCKEY REGISTRATION**
Online registration for **RETURNING families:** Opens 9/12 at www.westsalemhockey.org
In person for all **NEW families:** Wed. 9/12 & Wed. 9/19 from 5-7 pm @ WS Elem.

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**FIRST YEAR is FREE for ALL LEVELS (not including applicable USA Hockey fees)**
*Receive a $50 discount for Squirts, Pee Wees & Bantams if registered before 9/30/18!*

All this is made possible by generous donations from our local businesses & community. 100% of expenses are raised through the fund raising efforts of the West Salem Hockey Association.

Equipment will be available to borrow - Do not buy until you check our stock

Please visit www.westsalemwhockey.org for more information.
Contact registrar Lori Szymanski with any questions at loriszymanski@yahoo.com or 608-498-0235

**LEARN TO SKATE FOR FREE PROGRAM**
Give it a shot! Have your child try our 2 session Learn to Skate program.

**November 8th 6-7pm & November 10th 1-3pm**
This program does not concentrate on the game of ice hockey, but rather on teaching children the progression of standing to skating forward and backwards and executing turns. We will also have information available on area programs that include ice skating and West Salem Youth Hockey’s FREE TRANSITION PROGRAM with continued Learn to Skate and Learn to Play over 8 weeks. All skating instructors will be USA Hockey Certified Coaches, with assistance from High School and Junior level players. Some skates will be available for children that don’t have them. This is a free program!

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